

God's grace is sufficient for you!

If you're at a point where you see no hope and want to give up, use this small tool to remember how blessed and protected you have been. Just jot down all your past challenges of life (can be personal or related to work, family, or something else) and against each of these events write down how exactly you got through that phase. In the bottom section write down the miracle that happened in that event. Praise God when you recognize His grace for you!

**MY SIGNIFICANT LIFE
CHALLENGES**

**HOW DID THE PROBLEMS GET
RESOLVED**

MY SAVING GRACE (SOMETHING OR SOMEONE HELPED)